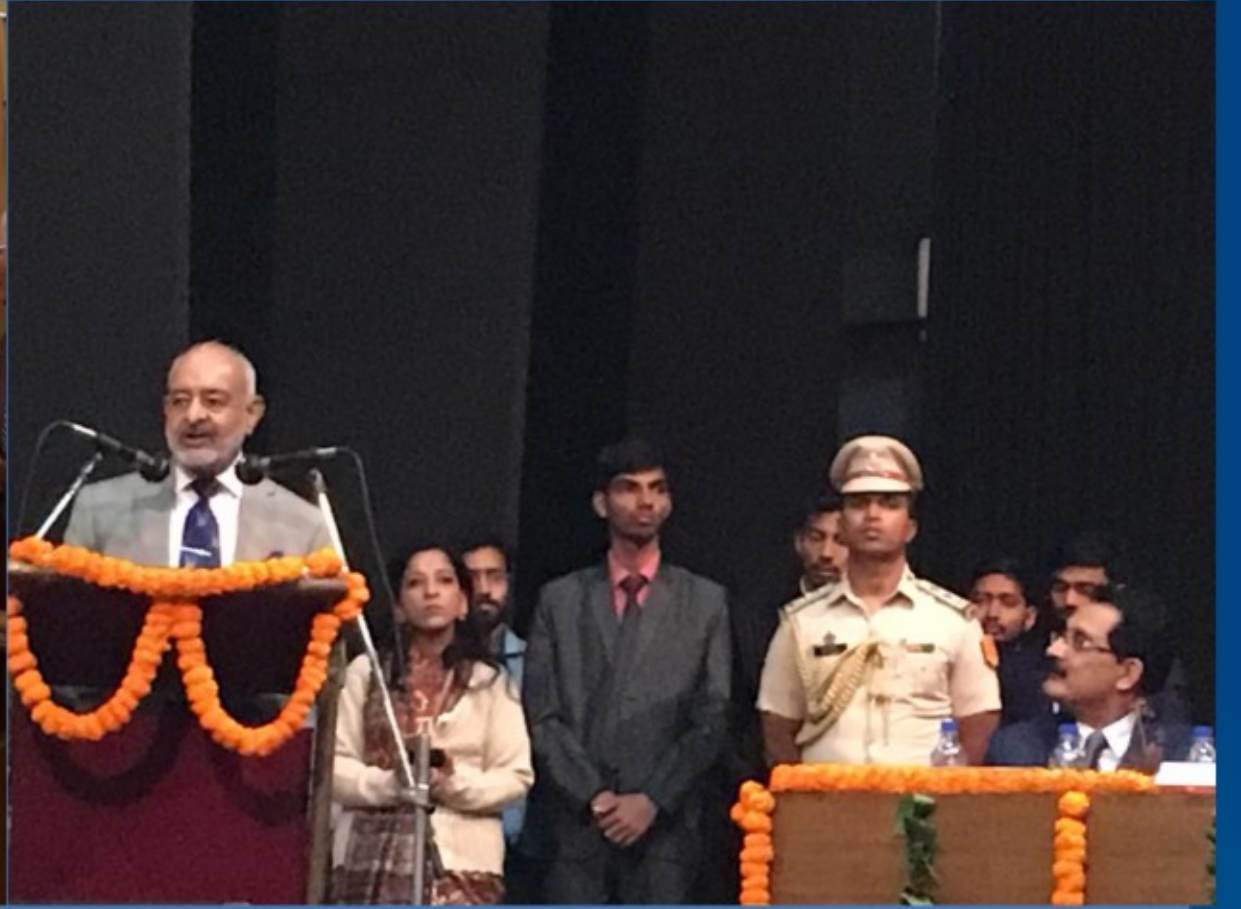


CONVERGENCE - 2020



**HANSRAJ COLLEGE
ALUMNI ASSOCIATION**



**Memorabilia of Various Events
Held in Our Alma Mater**



प्रेरकः
महात्मा हंसराज
(1864-1938)

ओ३म्! विश्वानि देव
सवितर्दुरितानि परासुव।
यद्भद्रं तन्न आ सुव॥

हे सकल जगत् के उत्पत्तिकर्ता,
समग्र ऐश्वर्ययुक्त, शुद्धस्वरूप,
सब सुखों के दाता परमेश्वर!
आप कृपा करके हमारे सम्पूर्ण
दुर्गुण, दुर्व्यसन और दुःखों को
दूर कर दीजिए,

जो कल्याणकारक गुण, कर्म,
स्वभाव और पदार्थ हैं,
वे सब हमको प्राप्त कराइये।

उपराज्यपाल
दिल्ली

D.o. RN/2019/179

Dated : 04/06/19

Raj Niwas, Delhi-110054



MESSAGE

I am pleased to learn that the Hansraj College Alumni Association is celebrating its Annual Alumni Day on 2nd February, 2020 at Hansraj College premises and a Souvenir will also be published on this occasion.

Hansraj College is amongst the prominent colleges of the country. Since its inception, this college has delivered on its clear and consistent vision to provide holistic education.

Alumni Meets serve as a strong platform for mentorship and experience-sharing. These are particularly inspirational for the young members, who are trying to establish their feet in the world, and through the Alumni Meets get to interact and learn from their successful predecessors.

I convey my best wishes to all the members of the Association and wish the celebration of grand success.


(Anil Bajaj)



UNIVERSITY OF DELHI
दिल्ली विश्वविद्यालय

7 June 2019

Professor Yogesh Tyagi
Vice Chancellor

MESSAGE

I am pleased to know that the Hansraj College Alumni Association is celebrating its Annual Alumni Day on 2 February 2020 at Hansraj College premises in Delhi. A souvenir will also be published and distributed on this occasion.

Hansraj College is one of the prominent colleges of the University of Delhi and the entire country. Since its inception, the college has clear and consistent vision to provide holistic education combining modern and scientific mode with time-tested Vedic Wisdom. Hansraj College Alumni Association's goal is to establish a strong framework for setting long-term accomplishments through multifaceted, tailored interaction and dialogues with different sections of society.

Since Alumni are the institution's most loyal supporters and can play an important role in career building of current students as well as strengthening the Institution, they should come forward and support in any way that is feasible. I congratulate the College's Alumni Association for the active role it is playing towards this goal.

My best wishes to the members of the "Hansraj College Alumni Association".

Y. K. Tyagi

Yogesh K. Tyagi



MESSAGE

A college, like school, prepares young and impressionable minds for the life ahead. Hansraj College, widely acknowledged as one of the finest and most sought after in India, is a unique institution. Be it academics, sports or co-curricular activities, it moulds students into leaders.

I have fond memories of Hansraj College. After I graduated from the college, and took first steps in public life and corporate life, I realised that the life lessons I learnt in the college helped me meet various challenges.

My bond with the College remains alive. I wish the College a glorious future ahead. I also hope that the College produces many more leaders contributing towards making a strong India and a better world.

Naveen Jindal

Chairman

Jindal Steel & Power Limited

Tel.: 011 4146 2000

 @MPNaveenJindal  @NaveenJindal MP



पुलिस मुख्यालय, धुर्वा, राँची-834004
Police Headquarters, Dhurwa, Ranchi-834004
Ph. No. : 0651-2400737 (0)
Fax : 0651-2400738 (0)
Mobile : 9431700097, 8877707070
E-mail : dgp@jhpolicе.gov.in
Ranchi, Dated : 13-01-2020

कमल नयन चौबे, भा.पु.से.
पुलिस महानिदेशक, झारखण्ड।

Kamal Nayan Choubey, I.P.S.
Director General of Police, Jharkhand

MESSAGE

Hansraj college has the formidable reputation of being an outstanding academic institution at national level.

In last few decades, it is continuously pushing the bench marks of academics, sports, music and theatre etc to higher levels. These are signs of a vibrant institution where nothing matters except excellence.

I have the proud privilege of being an alumni of the college. It is always a delightful experience meeting people from different walks of life, be it civil services, business enterprises, sports, public life etc who have excelled in their respective domains and are former students of the college.

I am sure, in times to come, the journey of excellence of the college will continue with full momentum embracing new academic and other related challenges of 21st Century aspirational India.

(Kamal Nayan Choubey)



भारतीचय राजदूत
AMBASSADOR OF INDIA



Dated January 10, 2020

Dear Friends,

My sincere greetings to the alumni of Hansraj College on the occasion of the annual get-together. I was part of such a get-together a few years ago, when I was posted in Delhi and it brought me back the memories of the wonderful years spent in the College and the Hostel from 1984-89. Therefore, every year when the alumni meet, I regret missing this great occasion and the opportunity to catch up with friends.

Hansraj College remains an exceptional educational institution, equipping every year thousands of students for their life ahead. For this, we are ever grateful to the quality of teaching professionals; lecturers and professors who impart to us the knowledge that helps us in building our tomorrow. My sincere thanks to all the faculty of Hansraj College of those years and of today for their dedication and sincerity that has helped us in shaping our lives and careers.

The college years are also the years in which one acquires life-long friends. Therefore, we remain thankful to the College for providing us the environment that nurtured this friendship.

Dear friends, although I will not be able to attend this year's event, our bond will remain as strong as ever.

Wishing the alumni meet all the success.

With warm regards,


(Prabhat Kumar)



VISWAJEET KHANNA, IAS,
Addl. Chief Secretary
Tele No. : 2741285

Government of Punjab
Department of Chandigarh,
6th January, 2020



MESSAGE

It is an event alumni look forward to since it provides an opportunity to meet and renew friendships. Hans Raj College is celebrating its Alumni Day in February, 2020 as usual. Being an old student of the college and also a college parent I feel doubly blessed. As of now, six members of my immediate family, children and cousins have been students of our College. Two of them are still there, in their final semester.

It is now four decades since I passed out of college but the sense of belonging never fades. I spent two years in the hostel and formed lasting friendships, where the bond has only grown stronger through shared experiences.

The name and reputation of the college has steadily risen in the national list of outstanding colleges. The commerce and science streams are counted among the best. Sports achievements of the college and participation from among students has seen a quantum jump since our times when badminton alone ruled. We are at the top in shooting among others. However, it is academics which truly determines the reputation of an institution. There we truly excel with numerous top positions in the most prestigious university of our country.

I feel proud that we old students, in some small way, have also contributed towards our college attaining its present eminent status.

My sincerest good wishes and support is always there for my college.

(Viswajeet Khanna)



Anand Kumar (I.P.S.)
D.G. Police / I.G. Prisons
Uttar Pradesh



Head Quarter : Prison Admin. & Reform
Services, U.P. : Karagar Bhawan
Old Jail Road : Lucknow - 226005
E-mail : igprison-up@nic.in
Ph./Fax : 0522-2455155/2454939
Mob. No. : 9454418151
Dated : 14 Jan, 2020

MESSAGE

Dear Alumni.

It is indeed a privilege and a cherishable moment to share my thoughts and experiences on our Alma Mater, Hansraj College.

I am overwhelmed with nostalgia as I look back towards the yesteryears spent in College from 1982 to 1987.

As a resident of the hostel, one had a very close association with the college ecosystem, engendering an unflinching emotional bond. We entered the College premises as boys and walked out as men. Such has been the ineffaceable impact shaping our personalities

HRC has the pride of place amongst the top colleges of DU with an impeccable academic record besides a very impressive and enviable alumni.

The Hansraj College Alumni Association has zealously strived to bring the alumnus on a common forum, rendering invaluable services and thereby leaving an indelible imprint.

I take this opportunity to convey my best wishes to the entire alumnus and current students of our College.

May our college attain even greater heights for all of us to sustain and exemplify this everlasting sense of pride and belongingness.

Best Wishes,

(Anand Kumar)

दिनेश चन्द सागर, भा.पु.से
अतिरिक्त पुलिस महानिदेशक
Dinesh Chand Sagar (I.P.S.)
Additional Director General

राज्य आपदा आपातकालीन मोचन बल मंत्रालय
पुलिस ऑफिसर्स मैसेज के सामने, जहांगीराबाद भोपाल

State Disaster Emergency Response Force
Infront of Police Officer's Mess, Jahangirabad Bhopal
Phone/Fax : 0755-2556433
E-mail: adgdmmp@rediffmail.com



MESSAGE

Friends,

I am happy and rejoiced to extend my heartfelt best wishes to the Alma mater, HANSRAJ COLLEGE and its faculty which is indeed, learned, scholarly and student-friendly. I fondly recall the days of my being a proud student of HRC with a mammoth satisfaction and contentment. I wish to congratulate the present Principal Madam and her arduous and talented team of processors and lecturers for taking the premier educational institution, HRC to new heights of academic, sports and cultural excellence and recognition. Also, I appreciate HRC Alumni Association which under the sterling leadership of Shri Goel Ji and Dr.Nitin Ji is rendering a yeoman's service in connecting every HRC Alumnus by heart and soul.

My heartfelt quotes inspirational for the budding students:

"Where the mind is without fear
and the head is held high,
where knowledge is free.

Where the world has not been broken up into fragments by narrow domestic walls. Where words come out from the depth of truth,
where tireless striving stretches its arms toward perfection. Where the clear stream of reason has not lost its way
into the dreary desert sand of dead habit.

Where the mind is led forward by thee into ever widening thought and action. In to that heaven of freedom,
my father,

LET MY COUNTRY AWAKE!" (Revered Rabindranath Tagore, Gitanjali)

सीख मौजों से उलझकर जीने का सुरूर, सिर्फ साहिल से लिपट जाना जिंदगी नहीं होती।
जिंदगी संवारने को तो जिंदगी पड़ी है, वो लम्हा संवार लो जहां जिंदगी खड़ी है।

Regards

 9.1.2020

Dinesh Chand Sagar, IPS

पंजाब नैशनल बैंक
...भरोसे का प्रतीक !



punjab national bank
...the name you can BANK upon!

डॉ. राजेश कुमार यदुवंशी

कार्यपालक निदेशक

Dr. Rajesh Kumar Yaduvanshi

Executive Director



Dear Friends

It is indeed a nostalgic moment for me to express my thoughts in the Hansraj College Alumni Souvenir. Down the memory lane, I recall with pride, my association as a student of this prestigious academic institution during 1977 to 1982.

Today, Hansraj College is one of the top notch educational institutions in India whose alumni have excelled in every walk of life be it banking, civil services, armed forces, judiciary, media or films. The college fraternity has also eminently contributed to the Corporate Sector and entrepreneurial ventures both in India & abroad.

"Time indeed flies". This thought comes to my mind when I think about the golden days I spent in Hansraj College, which are full of unforgettable events and activities. Those were the days when I have had a good opportunity to study and to make wonderful friends. It is my learnings in this college which have given me a solid foundation for my long and successful career in the banking sector. The knowledge and enlightenment gained here, forms an invaluable legacy in my life.

From my experience, I must emphasize that every student, through discipline and perseverance must strive to make knowledge his/her most valuable possession. This is much relevant in today's competitive world which is witnessing a fast changing environment.

The Hansraj College Alumni Association has been rendering invaluable services in providing a networking platform for its alumnus from all over the country and abroad. My New Year greetings and best wishes to all the alumnus as well as students of the current generation who are endowed with better opportunities to carve out for themselves, a bright academic future.

Best wishes for all of you,

(Dr. Rajesh Kumar Yaduvanshi)



अपर पुलिस महानिदेशक, पीएसी

Addl. Director Genl. Of Police, PAC

PAC Hqrs, Mahanagar, Lucknow,

U.P. 226006

Tel: 0522-2337/152, Fax: 0522-2337450

Email: pac@uppac.net

MESSAGE

Dear Friends,

Hansraj College, the very moment, these words come to my mind or are heard by my ears, they stir my soul and I get this strong urge for a reunion and a home coming to my Alma Mater. David Guterson has aptly said "There's a certain nostalgia and romance in a place you left".

As a proud Alumni, I congratulate the HRCAA for keeping the tradition and organising its 32nd Annual Alumni Meet on 2nd Feb., 2020. I have felt honoured to be associated with HRCAA as its President for a continuous period of 03 years from 2012 to 2015. The HRCAA has served and is serving towards the development of its Alma Mater and to enrich the lives of its members and the students of Hansraj College. I extend my best compliments to the HRCAA for the publication of the Souvenir and a special word of compliment to Mr. Mahendra Gael, the President, HRCAA, for contributing in taking the College to higher achievements.

I convey my best wishes to the HRCAA and a meaningful and memorable reunion to all the Alumni, distinguished faculty and guests.

Sincerely Yours

Binod Kumar Singh, IPS (UP-1994)

(History : 88-91)

President Alumni Association

2012-2015

ADG, PAC HQ Lucknow (UP)



कार्यालय
आयकर आयुक्त, दिल्ली
केन्द्रीय राजस्व भवन, इन्द्रप्रस्थ एस्टेट, नई दिल्ली-110002

**OFFICE OF THE
COMMISSIONER OF INCOME TAX, DELHI**
Central Revenue Building, I.P. Estate, New Delhi-110002
Telephone : 011-23378735 | Fax : 011-23378735

Hansraj College is a prestigious institutions in giving meaningful direction to careers of its students and works towards the enhancement of values in society. Having imbibed this ethos as alumni of Hansraj College, I have contributed in various capacities in Government of India while performing duties as Joint Secreatary (Ministry of Culture), DG, National Archieves, DG, National Library, CEO, Children Film Society India and CEO Central Board of Film Certification, Ministry of Information and Broadcasting, besides my assignments at various levels in the Income Tax Department.

I take this opportunity to congratulate and convey my sincere thanks to the Principal, Hansraj College & the resident, Alumni Association for effective coordination between us, the alumni & our alma mater and wish them success in all their endeavour in times to come.

Shravan Kumar, IRS

Commissioner of income Tax

New Delhi



Sandeep Mittal, IPS
Joint Secretary (Security)



OFFICE OF THE JOINT SECRETARY (SECURITY)

109, Parliament House, New Delhi - 110 001

Phones : 011-23034824, 23034752

Telefax : 011-23017192

E-mail : jssecurity-iss@sansad.nic.in

Dated : 20.01.2020

MESSAGE

It gives me immense pleasure that Hansraj College is a prestigious Institution in giving meaningful direction to careers of its students and works towards the enhancement of values in society. Having imbibed this ethos as alumni of Hansraj College, I have contributed in various capacities In Government of India.

This association is In the right spirit to guide the enterprising youth, who would be soon embarking on their career paths. Leadership Lectures and Innovation Exhibition will further inspire the current and future generations of this prestigious institution to contribute with excellence and bring added pride to our nation.

I extend my warm greetings and take this opportunity to congratulate all the alumni and my sincere thanks to the Principal, Hansraj College and th President, Alumni Association for effective coordination between us, the alumm & our alma mater and wish them success in all their endeavor m times to come.

Sandeep Mittal



Deepak Agarwal
I.A.S.



D.O. No. /P.A. -2020

Phone : Resi : 0542-2282333

Office : 0542-2508203

E-mail : commvar@nic.in

Commissioner, Varanasi Division

Date: 27th January, 2020

MESSAGE

I, a proud Hansrajian, am pleased to know that the Hansraj College Alumni Association is celebrating its Annual alumni Day on 2 February 2020 at Hansraj College premises in Delhi. A souvenir will also be published and distributed on this occasion.

Hansraj College is one of the prominent college of the University of Delhi and the entire country. Since its inception, the college has clear and consistent vision to provide holistic education combining modern and scientific mode with time-tested Vedic Wisdom. I am proud to say that I was also a student of this prestigious College of the Delhi University during the year 1992-95.

My best wishes to the members of the Hansraj College Alumni Association.

Thanks and Regards.

Your's Faithfully

(Deepak Agarwal)



Mahendra Goel
President (HRCAA)

REMINISCING OUR GLORIOUS PAST

*Do not be led by others, awaken your own mind,
amass your own experience, and decide for
yourself your own path.*

The smallest good deed is greater than the grandest good intention.

MESSAGE

Warm Greetings with invoking of blessings of Almighty for a Happy & Healthy New Year 2020.

Feeling honored to write this message. Every present has past and every past has future. I have distinct lingering memories of Hansraj College lane during my short stint of studies in this College. We inherited the legacy of Alumni Association, served by our most respectable executive members in the past and it was only their vision, that this Executive Body is following their footsteps to do still better.

Foundation Day Celebrations of the Hansraj College Alumni Association recalls with warm reverence, the tireless services rendered in the years passed, by numerous luminaries of our Alma Mater and the staff who served under the leadership of Principals of the College on various stints. It is with great pride and gratitude, we offer our salutations to them for the efforts put forth by them in having brought up this institution to what it is today. It is their drops of sweat, from which we have reared our pearls which adorn our crown of achievements.

Our College, arguably the Naboth's vineyard of University of Delhi, the Kalp Vriksha has produced innumerable Bureaucrats, technocrats, scholars, educationists, CA's, leading lawyers, businessmen, Bollywood icons, actors and in other fields who made their presence felt in the society. It is very aptly said "As we sow so shall we reap" our Alma Mater infused all human values in us which chiseled our future best suited for the society.

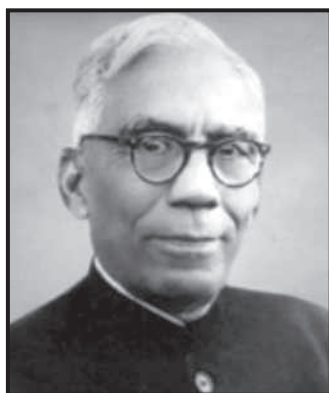
Constant support of DAV Managing Committee to our College under the tutelage of Worthy Padamshri Sh. Poonam Suri ji will remain indelible. Loss of our Ex Principal Dr. V.K. Kwatra has caused a big void. May his soul rests in peace.

Recalling the unswerving commitment and efforts of our illustrious predecessors, we at our college at this hour of glory take the solemn pledge to rededicate ourselves wholeheartedly to the avowed mission of providing to our college quality services aligning them with technology and personalized care.

My most fervent appeal will be to kindly spread your wings to rope in more and more scattered Hansrajian family members. I solicit your precious support by way of financial, use of your good offices for bonafide purposes, enrichment of vision of students by your valuable experiences. For all this, our robust Executive Committee (who work ceaselessly) is always available to you for any facilitation, whose contact details are there in the succeeding pages.

**"The woods are lovely, dark and deep
But I have promises to keep, and miles to go before I sleep"**

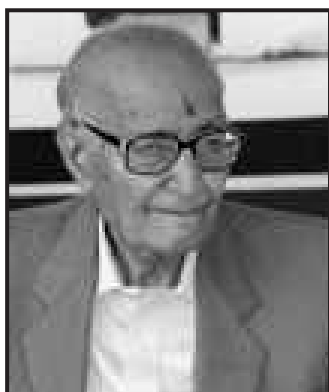
Principals of Hans Raj College



Dr. G.L. Datta
(1948-1960)



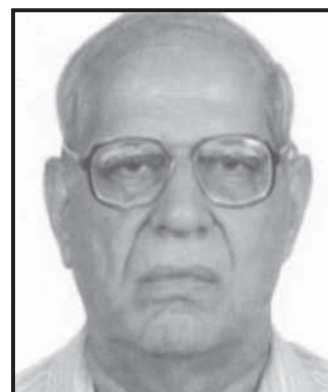
Sh. Shanti Narayan
(1961-1970)



Padamshri G.P. Chopra
(1970-1984)



Dr. N.K. Oberoi
(1984-1991)



Sh. J.K. Kapur
(1992-2003)



Sh. S.R. Arora
(2003-2009)



Dr. V.K. Kwatra
(2009-2015)



Dr. Rama
(2015-)



परस्पर सहयोग, संवाद और सहकार के साथ हंसराज कॉलेज को शीर्ष तक ले जाना ही हमारा ध्येय है।

— डॉ. रमा प्राचार्या (हंसराज कॉलेज, दिल्ली)

किसी भी शैक्षणिक संस्थान या संस्था के मूल में उसके विद्यार्थी और कर्मचारी होते हैं। किसी संस्थान की उपलब्धियों और परम्पराओं को प्रतिबिंबित करने वाले विद्यार्थी ही उसकी नींव होते हैं। उनके द्वारा जितना मजबूत आधार निर्मित किया जाता है संस्थान उतना ही मजबूत होता है। हंसराज कॉलेज की पहचान पूरे भारत में एक प्रतिष्ठित शैक्षणिक संस्थान की है जहाँ शिक्षा के साथ-साथ छात्रों को अपनी संस्कृति, परंपरा और सामाजिक मूल्यों के साथ ही मानवीय मूल्यों के उन्नयन के लिए कार्य करने को प्रेरित और प्रोत्साहित किया जाता है। कॉलेज का आरंभ ही समाज में शिक्षा के माध्यम से देश की सांस्कृतिक विरासत को आगे बढ़ाने के उद्देश्य से हुआ था। इस कॉलेज का नाम त्याग और तप की मूर्ति महात्मा हंसराज के नाम पर है जिन्होंने अपना सम्पूर्ण जीवन समाज और शिक्षा के प्रचार प्रसार के लिए होम कर दिया। महात्मा हंसराज ने हिन्दी भाषा, साहित्य और पत्रकारिता के विकास व उसके प्रचार-प्रसार में अपनी महत्वपूर्ण भूमिका अदा की है। आर्यसमाज के ही प्रयोगों से हिन्दी प्रेस ने भारतीय जन-गण को लोकतंत्र का प्रथम मंच प्रदान किया। महात्मा हंसराज का पूरा जीवन प्रेरणाओं से भरा हुआ है। उन्होंने बचपन में ही अपनी बहुमुखी प्रतिभा का परिचय दे दे दिया जिस उम्र में आज जीवन जीने वाले लोग इस मायावी दुनिया के रंगीनियों में उलझकर भ्रमित होते हैं उस उम्र में महात्मा ने अपना पूरा जीवन समाज को समर्पित कर दिया और कम उम्र में प्रतिष्ठित पदों को सुशोभित किया। आज जब देश में शिक्षा सिर्फ व्यवसाय का माध्यम बनती जा रही है। ऐसे में महात्मा हंसराज के आदर्शों और सिद्धांतों को अपनाना बहुत आवश्यक हो चुका है।

आज हंसराज कॉलेज के पूर्व विद्यार्थी साहित्य, समाज, सिनेमा, मीडिया, राजनीति, अध्यापन, विधि, प्रबंधन, प्रशासन, वाणिज्य के साथ खेल-कूद जैसे देश के निर्णायक क्षेत्रों में महत्वपूर्ण योगदान दे रहे हैं। आज पूरी दुनिया में हंसराज के विद्यार्थी अपने काम और व्यवहार के लिए सराहे जाते हैं। हमारे विद्यार्थी अपनी लगन, मेहनत और कौशल से संस्थान का नाम आगे बढ़ाते हैं। हंसराज कॉलेज के छात्रों की एक विशेषता यह भी है कि वे जहाँ भी जाते हैं शीर्ष पर होते हैं। सिनेमा में शाहरुख खान, अनुराग कश्यप आदि ने मानक स्थापित किया है तो राजनीति में ओमप्रकाश कोहली, विजय कुमार मल्होत्रा, किरन रिजिजू, नवीन जिंदल और अजय माकन आदि भी अपनी महत्वपूर्ण उपस्थिति दर्ज करा रहे हैं। बात जब मीडिया की होती है तो विनोद दुआ जैसे छात्रों को कैसे भूजा जा सकता है? खेल-कूद में हमारे पूर्व छात्र विभिन्न खेलों में गोल्ड मेडल से सम्मानित किए जा चुके हैं। हमारे अनेकानेक विद्यार्थी आईएएस, आईपीएस के रूप में प्रशासनिक सेवा के क्षेत्र में अपना विशिष्ट योगदान दे रहे हैं। इसी के साथ रक्षा, अनुसन्धान, विज्ञान सहित ऐसा कोई क्षेत्र नहीं है जहाँ हमारे पूर्व छात्र अपनी सेवाएं न दे रहे हों। हंसराज कॉलेज का

प्राक्तन छात्रा संघ दिन रात मेहनत करके अपने पूर्व छात्रों को जोड़ता है। उनसे संपर्क कर आज के दिन सबको इकट्ठा करता है। यह दिन कॉलेज के लिए किसी महोत्सव से कम नहीं होता है। अपने प्रिय छात्रों को वर्षों बाद देखकर कॉलेज भी फूला नहीं समाता है।

चूँकि मेरे छात्र ही मेरी ऊर्जा के स्रोत हैं, एक प्राचार्या के रूप में मैं कोशिश करती हूँ कि उनसे जुड़ी रहूँ। पूर्व छात्र मेरे लिए आदरणीय और सम्माननीय हैं। हंसराज कॉलेज में सकारात्मक व्यवहार के साथ काम करने वाले सभी लोगों का स्वागत है। मैं तो हमेशा चाहती हूँ कि लोग आएँ, बैठें और बताएं कि हम हंसराज कॉलेज के बेहतर बनाने के लिए क्या कर सकते हैं? आपका सहयोग ओर सुझाव कॉलेज को नई दिशा दे सकता है और इसके लिए आप सबका स्वागत है। विद्यार्थी जीवन मानव जीवन का स्वर्णिम काल होता है। जीवन के इस पड़ाव पर वह जो भी सीखता, समझता है अथवा जिन नैतिक गुणों को अपनाता है वही उसके व्यक्तित्व व चरित्र—निर्माण में प्रमुख भूमिका निभाते हैं। दूसरे शब्दों में, हम कह सकते हैं कि विद्यार्थी जीवन मानव—जीवन की आधारशिला है। इस काल में सामान्यतः विद्यार्थी सांसारिक दायित्वों से मुक्त होता है फिर भी उसे अनेक दायित्वों व कर्तव्यों का निर्वाह करना पड़ता है

आप लोग यहीं के विद्यार्थी रहे हैं, अपने जीवन के सपनों को आपने यहीं चलते—फिरते, पढ़ते—लिखते आकार दिया। अपने सपनों की नींव भी आपने यहीं बनायीं तो अब आपकी भी जिम्मेदारी है कि कॉलेज के कुछ अधूरे सपनों को पूरा करने के लिए हमारे साथ जुड़िए। हंसराज कॉलेज से संस्थान नहीं अपने परिवार की तरह जुड़िए, कॉलेज हमेशा आपके साथ खड़ा मिलेगा। हंसराज कॉलेज अपने छात्रों को सिर्फ पाठ्यक्रम की शिक्षा नहीं देता बल्कि समाज में समरसता और प्रेम का विस्तर करने के लिए उन्हें वेद और अध्यात्म का भी ज्ञान देता है। हंसराज कॉलेज में प्रतिमाह हवन किया जाता है। यह हवन कॉलेज परिसर में ही बने वेद मंदिर में किया जाता है। वेद मंदिर में आर्य समाज से जुड़े महात्माओं, मनीषियों, चिंतकों की सैकड़ों किताबें हैं साथ ही चारों वेद भी हैं। इन पुस्तकों को अध्ययन कर विद्यार्थी आर्य समाज का महत्व भी समझ सकते हैं। आर्य समाज भारतीय समाज और जनजीवन को दिशा प्रदान करने का सबसे बड़ा माध्यम बन चुका है। शिक्षा जगत में आज डीएवी जैसी कोई दूसरी संस्था नहीं है। डीएवी सिर्फ उच्च शिक्षा नहीं देती बल्कि विद्यार्थियों के अंदर उच्च संस्कारों को पल्लवित—पुष्पित भी करती है। हंसराज कॉलेज इस दिशा में कार्य करने वाली उत्कृष्टतम संस्था है।

मैं अपने उन विद्यार्थियों से भी एक बात कहना चाहती हूँ, जो अभी यहाँ पढ़ रहे हैं और कल किसी संस्था या संस्थान से जुड़कर कार्य करेंगे। विद्यार्थी जीवन मानवीय गुणों को ग्रहण करने का स्वर्णिम समय होता है। आपके माता—पिता दुनिया भर का सुख—दुख सहकर आपको उच्च शिक्षा के लिए भेजते हैं। आप भी उनकी भावनाओं का ध्यान रखें। उनके सपनों को सँजोते हुए आगे बढ़ें क्योंकि आपको पता नहीं है कि वे आपको पढ़ाने के लिए अपने कितने सपनों को हाशिए पर रख देते हैं। एक बात और कि यह समय विद्यार्थी जीवन के भटकने के कई माध्यमों से युक्त है। तो आपको भटकना नहीं है। सुख—दुःख, हानि—लाभ, सर्दी—गर्मी से परे होकर अपने लक्ष्य और अध्ययन पर ध्यान देना है। तभी आपका जीवन सफल होगा। यह ध्यान रखना होगा कि बिना आग में तपे सोना शुद्ध नहीं होता। नियमबद्ध और अनुशासित रहना सीखें। कोई संस्थान जब हमें देता है सबकुछ, हम भी तो कुछ देना सीखें। संस्थान और राष्ट्र के प्रति यह जिम्मेदारी का भाव ही किसी देश को महान बनाता है। यह भाव हमारे अंदर विद्यार्थी काल से

ही होना चाहिए। समाज व राष्ट्र के प्रति सजगता का भाव, जिससे राष्ट्र पर वैभव को प्राप्त हो सके। विद्यार्थी के अंदर का यह भाव उसे भविष्य का जिम्मेदार नागरिक भी बनाता है।

वर्ष 2015 में जब पहली बार हंसराज कॉलेज ने अपना इतिहास बदलते हुए एक महिला को प्रचार्या के पद पर बैठाया तभी मैंने यह सोच लिया था कि हंसराज कॉलेज को भारत नहीं विश्व का नम्बर एक कॉलेज बनाना है। इसके लिए हमारे छात्र, प्राध्यापक, नॉन टीचिंग स्टाफ लगातार जी तोड़ मेहनत कर रहे हैं। एक पूर्व छात्र के रूप में कॉलेज के विकास में आपकी क्या भूमिका हो सकती है, यह आप खुद तय करें। आप खुद नए सुझावों के साथ हमारे पास आकर बात करें। आपके सुझावों पर विचार किया जाएगा। मैं चाहती हूँ कि कॉलेज में जितने विभाग, जितनी सोसायटीज हैं सभी को उनकी बुनियादी जरूरतों के साथ कुछ अतिरिक्त सुविधाएं भी प्राप्त हो, जिससे शिक्षक और विद्यार्थी दोनों को पहले से अधिक बेहतर करने का मौका मिले। आप जिस भी विभाग के पूर्व छात्र रहे हों उस विभाग के लिए आप बेहतर क्या कर सकते हैं, उसके लिए आगे आइए हम सब आपके साथ होंगे। कॉलेज की आधारभूत संरचनाओं के विकास, बेहतर अकादमिक वातावरण का निर्माण, विद्यार्थियों के प्लेसमेंट, प्रशिक्षण, कौशल विकास आदि क्षेत्रों में आप बड़ी भूमिका निभा सकते हैं। इस दिशा में आपका सहयोग कॉलेज को शीर्ष तक ले जाने की दिशा में निर्णायक साबित हो सकता है।

ऐसा भी नहीं कि आप जब भी आएँ सहयोग के लिए ही आएँ। आपका कॉलेज है। इसका आप पर और आपका इस पर अधिकार हैं आप ऐसे भी जब चाहें घूमते-फिरते कॉलेज आइए। देखिए, समझिए। कुछ अच्छा लगे तो शुभकामना दीजिए। कुछ कमी हो तो सुझाव दीजिए। हंसराज कॉलेज को विश्व का प्रतिष्ठित शैक्षणिक संस्थान बनाने के स्वरूप को आकार देने के लिए आप सब अपनी सकारात्मक भावनाओं के साथ जुड़िए। कॉलेज प्रशासन परिवार की तरह आपके साथ जुड़कर कार्य करने को सहमत है।

समग्र रूप में कहें तो कॉलेज की अब तक की यात्रा की गौरवपूर्ण उपलब्धियों के मूल आधार आप पूर्व विद्यार्थी ही रहे हैं। कॉलेज के वर्तमान को दिशा देकर इसके स्वर्णिम भविष्य को आकार देन में आपकी बड़ी भूमिका हो सकती है। इसके लिए आवश्यकता केवल संवाद, सहयोग, सहकार और सद्भाव की है। संकल्प केवल इतना सा है कि आप और हम मिलकर हंसराज कॉलेज को दुनिया का नंबर एक कॉलेज बनाएंगे। साझा लक्ष्य साझा संकल्प, साझी यात्रा यही हमारे संबंधों की बुनियाद है और इसी बुनियाद के सहारे हम नई और बड़ी उपलब्धियों को हासिल करते रहेंगे यही मेरा विश्वास है। आइये संग चलें, संग बढ़ें।



"Alone we can do so little,
together we can do so much."
-Helen Keller

डॉ. चेतना जैन
Dr. Chetana Jain
Secretary (HRCAA)

MESSAGE

Warm greetings.

I am greatly delighted to address all my fellow Hansarians through this portal. As Secretary of the Alumni Association, it is my honour to welcome you all to your alma-mater and I truly believe that this annual get together will help us reconnect.

The objective of the HRCAA is to connect and establish a wide network among all its alumni who can contribute and give back to our community in several ways through their expertise and experience. I seek participation of each alumnus in helping us achieve our objectives for the association.

This year was a mixed bag of losses and achievements. My thoughts and prayers are with the family of Dr V. K. Kawatra who left for heavenly abode in December 2019. He was HRCAA secretary during 2004-2009 and officiating principal of our college during 2009-2015. I wish his family hope in the midst of sorrow and comfort in the midst of pain.

On a good note, we have been able to garner funds for purchasing a bus for the college. The HRCAA is highly obliged to NHPC and Power Finance Corporation for showing exemplary magnanimity through their earnest financial support. HRCAA has whole heartedly supported our college in organizing the World Hindi Conference at Vigyan Bhawan in January 2020. It is a great achievement for our college and special cheers for our patron and our most dynamic principal Dr Rama for taking our esteemed college to such great heights.

As Secretary of the Alumni Association, I consider it an honor and a privilege to present you with The Souvenir - 2020. May this association prosper and grow in every realm. I would like to thank the entire Executive committee for their unconditional support and guidance.

I will be too pleased to receive your views on working of HRCAA.

Best Wishes,

Dr. Chetana Jain
Secretary (HRCAA)

HANS RAJ COLLEGE ALUMNI ASSOCIATION

Offie bearers, so far

Year	President	Vice-President	Secretary	Join Secretary	Treasurer
1989-92	Dr. Satpal				
1992-94	(Convener) Sh. R.D. Kapur	Sh. Praveen Aggarwal	Dr. S.C. Datta	Ms. Arti Kalia Sh. R.N. Vats	Dr. Y.P. Oberoi
1994-96	Sh. N.K. Jain	Sh. Pradeep Vij Sh. V.D. Pushkarna	Dr. Sat Pal	Sh. Pradeep Gupta	Dr. S.C. Datta
1996-98	Sh. N.K. jain	Sh. M.P. Rustogi Sh. V.D. Pushkarna	Sh. Rajesh Jain Dr. Sat Pal	Sh. Pradeep Gupta	Dr. R.K. Trikha
1998-00	Sh. Sudhir K. Sharma	Sh. M.P. Rustagi Sh. Rajesh Jain	Sh. Rajesh Jain Sh. J.P. Vidyalandkar	Sh. Pradeep Gupta	Dr. R.K. Trikha
2000-02	Sh. Sudhir K. Sharma	Sh. Rakesh Jain Sh. S.K. Kaushik	Dr. S.C. Datta	Sh. Y.K. Goel Mrs. Arti Kalia	Sh. N.K. Sehgal
2002-04	Sh. M.P. Rustogi	Sh. Rajesh Jain Sh. Shiv K. Sharma	Dr. P. Kumar	Sh. C.M. Sharma Sh. Pradeep Gupta	Dr. R.K. Trikha
2004-06	Sh. Rajesh Jain	Smt. Arti Kalia Smt. Arti Kalia	Dr. V.K. Kwatra	Sh. Pankaj Bansal Sh. Pankaj Bansal	Sh. N.K. Sehgal
2006-09	Sh. Rajesh Jain	Sh. S.K. Kaushik	Dr. V.K. Kwatra	Sh. Y.K. Goyal Sh. Arvind Nayyar	Dharamarha
2009-12	Sh. Pankaj Bansal	Smt. Arti Kalia Sh. Pradeep Gupta	Dr. Mona Bhatnagar	Sh. Arvind Nayyar Sh. Kamal Ahuja	Dr. Preeti Dharamarha
2012-15	Sh. Binod Kr. Singh IPS	Sh. Param Tej Mittal Sh. Prahanth Doshi Sh. Shekhar Vashishtha	Dr. V.S. Sajwan	Dr. Nitin Malik Sh. Prabhath Kr. Panday	Dr. Ranjeet Kr. Mishra
2015-18	CA Pramod Kr. Gupta	Prof. N.K. Jain Sh. Yash Pal Gupta	Dr. Preeti Dharmarah	CS Mukesh Kr. Agarwal	Dr. Anand Solkar
2018-	Sh. Mahendra Goel	Dr. Nitin Malik CA Kamal Ahuja	Dr. Chetana jain	Sh. R.K. Gupta CS Mukesh Aggarwal Mr. R.K. Gupta	Dr. Taruna Singh



A Tribute to Dr. V.K. Kawatra

**Former Principal, Hansraj College
Former Patron, Hansraj College Alumni Association
Former Secretary, Hansraj College Alumni Association**

Dr. Kawatra, an Alumni as well the faculty of Hansraj College, completed his Bachelor's degree in Zoology from Hansraj College in 1970 (Batch of 1968-70). He did his PhD (Doctor of Philosophy) in Zoology/Animal Biology from Delhi University during 1972–1975 and joined the college as faculty in August 1975.

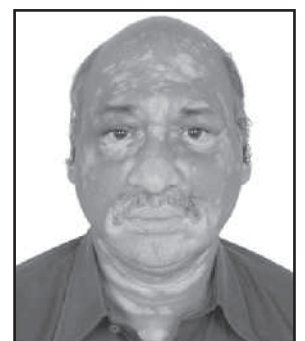
A popular teacher amongst students, Dr. Kawatra, while pursuing his scientific expertise, made himself Fluent and well versed with Administrative, Financial, Audit and service rules too. That made him to rise and attaining the highest chair in the college, the Principal in 2009. After serving the college for 40 years, he relinquished the office in July 2015. He started his second inning with “Arunachal Pradesh University of Studies” located at Namsai, Arunachal Pradesh as its Vice Chancellor. It is from this position he left us for heavenly abode in December 2019.

An unmatched academician Dr. Kawatra nurtured Hansraj College with his wisdom and grit. He was instrumental in supporting Hansraj alumni association and making it an outstanding performing alumni. While being the faculty, he has been the secretary of Hansraj College Alumni for 5 long years, where he worked as a real bridge between college faculty and students and the Alumni. He continued to nurture the Alumni Association with the best of his wisdom, after becoming the Principal of the college and the Patron of the Alumni Association. During his association with the Alumni, he helped in expanding its wings by introducing a system of enrolling outgoing students as alumni member and ensuring with the help of Alumni Association that celebrity alumnus visit the College and motivate the students.

Dr. Kwatra was a gentle soft-spoken person who believed in empowering others. He took keen interest in the social and cultural activities of College and helped it to attain great heights. He had a towering personality with great mentoring abilities. He had a charisma of a kind which overpowered all odds and he lead by example to the winning situations. His words softly fell on the spots where they were needed.

To say Dr. Kawatra was larger than life would be understatement. He will always be remembered as a great team mate. He had an incredible positive influence on all those who came in his contact.

The alumni will always remember him with pride and gratitude. His life was a life of service, love, compassion and excellence.



Pankaj Bansal
Ex-President,
Hansraj College Alumni Association



Shri Yogendra Kumar
Senior officer
Air India

One of the Cycling
Men of India
who has done 1000km
cycling from
INDIA GATE to
Wagha Border.

**Cycling to
YAMUNOTRI, GANGOTRI
BADRINATH & KEDARNATH**

Mr. Yogendra Singh, batch of 1980-83 is a long distance endurance Cyclist and Marathon runner. He was awarded with excellence award in Parliament of Great Britain, London in September 2019 on the occasion of Celebrating 150yrs of Mahatma by Government of India as a Endurance athlete and Social



Campaigners. He has many achievements to his credit as a Cyclist he is finisher of London-Edinburg-London race popularly known as LEL and participated in Paris-Brest-Paris race known as PBP in Paris. Both the events are most reputed event of endurance Cycling in the world. As a runner he is participating around 10-12 runs in the country most prominent being Mumbai Marathon, Delhi Marathon Hyderabad & Laddakh Marathon. Recently he participated in Mhow Marathon, he went on Cycle from Delhi to Mhow (900km) ran the marathon and came back to Delhi on Cycle. In May-July 2019 he made a record of back to back 101 rides of 100km every day. He also organised Tour de Kalinga a 1300km Cycling in Odis

HANSRAJ COLLEGE ALUMNI ASSOCIATION OFFICE BEARERS & EXECUTIVE MEMBERS 2018-



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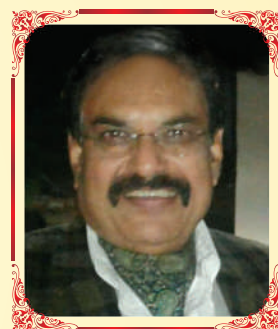
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Mr. Jitender Gupta
9810023072



Mr. Rahul Kunal
9953592585



Mr. Utpal Anand
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Sh. Prashant M. Doshi
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Mr. Mahesh Nautiyal
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विश्व हिंदी दिवस अंतरराष्ट्रीय हिंदी सम्मेलन

विज्ञान भवन, नई दिल्ली

10-11 जनवरी, 2020



विश्व हिंदी दिवस अंतरराष्ट्रीय हिंदी सम्मेलन



विश्व हिंदी दिवस अंतरराष्ट्रीय हिंदी सम्मेलन



**Hansraj College Alumni Fraternity Dinner At Delhi Assembly
Hosted by:
Hon'ble Sh. Ram Niwas Goel Ji, Speaker Delhi Assembly**



BROTHERLY LUNCH IN HANSRAJ COLLEGE HOSTEL WITH EX HOSTLERZ



Ways to Overcome Negative Emotions



There are two aspects to Emotions. On one hand emotions are our Greatest Strength and on the other hand, emotions are also our Greatest Weakness. There are two types of emotions—Positive and Negative. Positive emotions are associated with love, affection and compassion, while negative emotions are associated with anger, greed, violence, hatred and selfishness. It is always necessary and better to enhance positive emotions and try to overcome negative emotions.

Negative emotions destroy and damage the physical and psychological personality of a person. Negative emotions make the person selfish, self-centered and aloof. They increase the stress level of a person. Such a person thinks negatively most of the time and so there is no positivity in their life. Negative people are usually jealous by nature. They plot and plan on taking revenge; they become abnormal and obnoxious. They do not have a good word for anyone or any situation. They only see the dark side, so they lose out on their creativity and fail to generate goodwill.

Emotion is often associated with mood, temperament, personality, disposition and motivation. Cognition is an important aspect of emotion. Negative emotions can be any feelings which make you miserable and sad. These emotions make you dislike yourself and others and they take away your confidence. They can hamper our enthusiasm for life, depending on how long we let them affect us and the way we choose to express them.

The Bhagwat Gita teaches us to control our emotions and remain cool and calm. According to the Gita, all emotions, whether positive or negative, are generated in the mind only as per external stimulus. Soul is entirely different from mind. When we connect soul with mind, we feel the qualities and emotions of this mind.



For emotional balance, never react suddenly to anything. First think, then try to find out facts, assess the situation and then give your opinion or take action. Never be judgemental. Try to find out positive things or reasons in negative and adverse situations also. Always try to speak positive things. Emotional balance is genetic as well as acquired. It also depends on your group of friends circle.

If you are surrounded by negative thinking people, who are always complaining and criticizing others, then you too tend to think negatively. So try to be in the company of positive people. Emotional balance occurs when we allow ourselves to feel whatever comes up, without stifling it or being overwhelmed by it and learn to accept our feelings without judgement. Emotional balance is vital for personal well-being and the health of our communities.

The path of freedom is paved with positive emotions. Negative emotions prevent inner transformation. Always avoid confrontation, try to find out the middle path. Negative emotions create negative aura and spread negative vibes from the person who has negative emotions. Prayer, meditation, faith in God and kind-heartedness help you remain positive. Adverse conditions or tough times come in everyone's life but nothing is permanent. As the good time passes, in the same way bad time will also pass.

Have faith in God, as it protects us from negative emotions, negative psychology, negative thinking and negative perception. Negative emotions make a person sadist by nature, he never wants to see others happy. Such persons have complaints about God also. When they are in difficult situation they ask God, "Why me in this situation?" They forget their fun times. They never said, "Why me?" When they went through happy times. So be positive and enjoy life. ...

R.k Gupta
Joint Secretary
HRCAA

SCIENCE AND DHARMA

Burtrand Russel said, “Science in its beginning was due to men who were in love with the world. It began as the pursuit of truth.”

'Science' can be regarded as that branch of knowledge which establishes, reasonably relationship between man's senses and his observations about nature and which develops a thought-process forte study of supernatural, For doing so, care must be taken that our inferences are independent of the individuality of the considered objects and places.

Despite all the violence amplified beyond imagination by abuse of science and technology and despite all the inhuman applications of science, science guided by DHARMA is the only hope for mankind. What lies at the root of man's troubles and suffering is not lack of pursuit of knowledge but greed, worship of power and other symptoms of dishonesty, selfishness, vested interests et.

Now let us examine what Dharma (which is not just religion but its far deeper a connotation) means :

Pandit Deendayal Upadhyaya, a socio-political reformer said, “Dharma is a very broad concept. It is concerned with all aspects of life. It sustains the whole world. Dharma is higher than both the Legislature and the Judiciary.” He further said, “A secular state does not mean a state without religion. The word Religion merely means a tenet and those who believe it are called sects like the Jains, the Sikhs, the Christians.”

Dharma represents ten values/commandments – perseverance, forgiveness, self-control, absence of theft, purity, control of senses, knowledge, learning, truth and absence of anger. According to Manusmiriti (a great Hindu epic), Dharma is :-

SCIENCE IN INDIA

There is felt a necessity for evaluating the contribution of Bhartiya Darshan (Indian thought) to the field of science. This concerns India – its culture and its people, and more precisely SCIENCE AND SCIENTISTS IN INDIA.

The archaeological excavations in India since 1920, have proved beyond doubt that Indian civilization is one of the oldest one. The Indians were highly developed when people in the west were just learning how to speak. It is definitely known that the Indian sciences had developed and achieved great eminence when Europe was passing through the dark period of early Middle Ages. A long period of invasion beginning with the Greeks, the Scythians, the Huns, the Mugals and closing with the Britishers, deprived Indianot only of its wealth but also of its knowledge. But all this could not destroy India. Today, India is the world's third largest scientific community. India was the fourth among all the countries that supplied experts of international fame to the United Nations Development Programme (UNDP) in 1975. America alone is taking every year many thousands of qualified Indians. India is the fourteenth largest country so far as the output in scientific literature is concerned.

Most of the Indians at that time were oblivious of their glorious past except in some vague terms. The works of early oriental scholars like William Jones, Prinsep, Bothlink, Max Muller, Prof. Goldstucker, Prof. J.D. Bernal, Prof. Wilson, Fergusson and archaeological exploration started since 1861, brought home to the educated Indian a vivid picture of the past glory and greatness of science in ancient India. More light on this has been shed by many scholars of the caliber of Prof. Brajendranath Seal, Sir P.C. Ray, A.K. Biswas, Dr. Satya Prakash, Shankaracharya Bharati Krsna, Dr. D.D. Mehta and Prof. O.P. Jaggi. In 1964m the Government of India established a 'National Commission for the Compilation of History of Sciences in India.' This was composed of a number of scientists and historians. With their help, the Indian National Science Academy, New Delhi, was able to publish in 1971, a comprehensive work – A Concise History of Science in India.

The study of science is a human pursuit which is thoroughly international in essence and import. Though it has become a tradition to believe that science and other strands of human culture have their origin in the eastern outposts of Greek Confederation, yet to those, who have even a little insight into the vital and prominent role played by the Aryan scientists, the truth of Manu about the cultural heritage of Bharat (India) needs no emphasis. Manu pro-claimed :

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i.e. “From a Brahman, born in this country, let all men on earth learn their several usages.”

The great sage Yajnyavalka of the time of King Janak declared :

विज्ञानमानन्दमब्रह्मा॥

i.e. 'the real purpose of life lies in the scientific investigation of this universe.'

The Narada Samhita makes us familiar with the eighteen earliest scholars of India :

From : Prof. N.K. Jain



ओइम् अतीत के वातायन से (ई. सन् 1948 से 1954 तक)

महर्षि स्वामी दयानन्द जीके देहावसान के उपरान्त आर्य समाज और शिखा क्षेत्रा के शीर्षस्थ विद्वानों द्वारा जग यह निर्णय लिया गया कि स्वामी जी की स्मृति को अक्षुण्ण बनाए रखने के लिए किसी मन्दिर अथवा मठ के निर्माण की आवश्यकता नहीं अपितु जैसा वह कहा करते थे 'ज्ञान का प्रचार—प्रसार होना चाहिए' तो निर्णय लिया गया कि इसके लिए शिक्षा के केन्द्र ही खोले जाने चाहिए। परिणाम स्वरूप 'दयानन्द एंग्लो—वैदिक कॉलेज ट्रस्ट एण्ड मैनेजमेंट सोसायटी' का गठन कर उसका पंजीकरण लाहौर में सन् 1856 में किया गया।

तदुपरान्त लाहौर में डी.ए.वी. हाई स्कूल खोलने का प्रस्ताव पास हुआ तो उसके लिए मुख्याध्यापक कौन हो इसकी चर्चा हो रही थी, उस समय श्री हंसराज जी (जिन्होंने बी.ए. की परीक्षा उत्तीर्ण कर ली थी) ने इस पावन कार्य के लिए अपनी अवैतनिक सेवाएँ, देने की इच्छा व्यक्त की, जिसे सहर्ष स्वीकार कर लिया गया। उसे बड़े भाई को इस समय स्मरण करना उचित होगा जिन्होंने हंसराज जी के इस सदाशय को स्वीकृति देते हुए सहर्ष अपने ₹ 80 वेतन में से हंसराज के परिवार के लिए 6.40 देने का निश्चय किया। वाह रे मातृत्व।

सन् 1889 में लाहौर में ही डी.ए.वी. कॉलेज का शुभारंभ हुआ और हंसराज जी इसके प्रथम प्राचार्य नियुक्त हुए। यहाँ यह बताना उचित होगा कि कालान्तर में यही कॉलेज तत्कालीन पंजाब विश्वविद्यालय में एक विशिष्ट ख्याति प्राप्त कर चुका था। भारत विभाजन के समय इस कॉलेज को शरणार्थी शिविर बनाया गया जिसे मैंने भी स्वयं देखा। यह कॉलेज बाद में अम्बाला शहर के इस्लामिया स्कूल की बिल्डिंग में पुनर्स्थापित हुआ और आज भी इसका नाम डी.ए.वी. कॉलेज (लाहौर) अम्बाला शहर है। महात्मा हंसराज जी काफी समय तक डी.ए.वी. कॉलेज के प्राचार्य रहे और बाद में उन्होंने आर्य समाज की सेवा करने के लिए प्राचार्य पर से त्याग पत्रा दे दिया। महात्मा हंसराज जी का नश्वर शरीर अपने पंच—भूतों में 14 नवम्बर 1938 को लीन हो गया।

इस लघु वृत्तान्त की आवश्यकता इसलिए भी थी कि उन्हीं महात्मा हंसराज जी की पुण्य—स्मृति को चित्र गुप्त रोड़, पहाड़ गंज में हंसराज कॉलेज की स्थल्ला की गई जो उस समय के दिल्ली विश्वविद्यालय से सम्बन्धित () डी.ए.वी. कॉलेज प्रबन्धक समिति का दिल्ली में पहला कॉलेज था। चित्रा गुप्त रोड़ स्थित डी.ए.वी. स्कूल के साथ लगे छोटे प्रांगण में ही यह कॉलेज अप्रैल 1948 में शुरू किया गया।

भारत विभाजन की नितान्त दिल दहला देने वाली विभक्ति के उपरान्त दिल्ली आकर मैं थे सर्वप्रथम डी.ए.वी. हाई स्कूल, बेयर्ड रोड, नई दिल्ली में प्रवेश लेकर दसवीं की परीक्षा पंजाब विश्वविद्यालय से उत्तीर्ण की।

तदुपरान्त उच्च शिक्षा प्राप्त करने हेतु कॉलेज का दरवाजा खटखटना अनिवार्य प्रतीत हुआ अस्तु! उस समय हम अजमेरी

गेट के पास रहते थे, वहाँ से रेलवे पुल पार कर पहाड़ गंज पैदल जाया करते थे। चित्रा गुप्त रोड़ पहाड़ गंज स्थित हंसराज कॉलेज में आसानी से प्रवेश मिल गया। कक्षा थी प्री-युनिवर्सिटी अञ्जवा प्रप जिसे () भी कहा जाता था। बस उन्हीं से इस कॉलेज में छः वर्षों की यात्रा आरम्भ हुई। एक वर्ष प्रेप, 3 वर्ष बी.ए. (आनर्स) हिन्दी और दो वर्ष एम.ए. (हिन्दी) कॉलेज के कुहड़ कमरों के साथ एक लम्बा बरामदा था और सामने थोड़े घास की वचारी। कोने वाले कमरे में प्राचार्य डॉ. जी.एल.दत्त जी का आफिस था। वह मुझे सदा हले नाम से ही पुकारते थे। मुझे याद है उन्होंने कहा था, धर्मवीर वचा चाय बनाने जानते हो तो बनाओ। कितनी आत्मीयता थी उनके व्यवहार में। अचकन, पाजामा और कश्ती नुमा टोपी उनकी वेश-भूषा थी और बड़े स्तर से समझाना उनकी विशिष्टता।

प्राध्यापक वर्ग में सर्वश्री जी.पी. चोपड़ा जी (अंग्रेजी), डॉ. तुलसीराम जी (अंग्रेजी), प्रो. ठडानी जी (अर्थशास्त्र), प्रो. भगवानदास जी (गणित), प्रो. पाण्डे जी (पोल. साइंस), डॉ. सत्यदेव चौधरी एवं डॉ. ओम प्रकाश जी (हिन्दी) का मार्गदर्शन निरन्त मिलता रहा। मुझे याद है प्रो. चोपड़ा जी तो हाल में खिड़की पर बैठकर भी क्लास लेते थे। उनके पढ़ाने का अंदाज ही निराला था। डॉ. चौधरी और डॉ. ओम् प्रकाश जी से तो काफी निकटता स्थापित हो गई थी। उन्हीं के मार्गदर्शन में वाद-विवाद प्रतियोगिता और लेखन-कला में सकारात्मक भाग ले सका।

संस्कृत के प्राध्यापक श्री महेन्द्र कुमार, सरकार जी (एम.के.सरकार) बंगाली बाबू प्रो. सरकार धोती कुर्ता पहने ओर कंधे पर सफेद अंगोच्छड़ रखे प्रायः पान भी चबाते थे। अपने कुर्ते की बाहरी जेब में वह पॉकेट गीता रखते थे और जब उनकी क्लास नहीं होती थी, स्टॉफ रूम में एक कोने में बैठ उस पॉकेट गीता का निरन्त स्वाध्याय किया करते थे। उल्लेखनीय है कि कॉलेज में उन्होंने 'गीता सोसायटी' भी बनाई थी जिसके तत्वाधान में प्रतिवर्ष गीता के किसी एक अंश को लेकर संस्कृत में नाटिका का मंचन भी वह करवाते थे। मेरा सौभाग्य था कि मुझे भी उस मंचन में कोई न कोई भूमिका अवश्य मिलती थी। आज भी प्रो. सरकार जी द्वारा इनाम में दी गई पुस्तकों पर उनके हस्ताक्षर देख मन आटल मर्दत हो उठता है। हरी घास पर शीतऋतु में कभी-2 वह क्लास भी लगा लेते थे।

एक और प्राध्यापक थे – श्री राम स्वरूप रसिक जी। हिन्दी पढ़ाते थे। वाकई रसिक स्वाभाव के। एक बार पाटी में रस-गुलले भी परोसे गए थे। कहने लगे-गुल्ले-गुल्ले तुम खा लो, रस मैं पीलूंगा। कितना घरेलु वातावरण था प्रो. मनोदजी को भी मैं सदा स्मरण करता हूँ।

कॉलेज में स्टूडेंट्स यूनियन के स्थान पर छात्र सदन (लोक-सभा) () के माध्यम से समस्याओं का हल ढूँढा जाता था। प्रो. पाण्डे स्पीकर का पद सुशोभित करते थे। सत्ता पक्ष और विपक्ष के आसन नियमानुसार होते थे श्री विश्वमित्र और श्री महेन्द्र कुमार (हमारे छात्रा साथी) की भूमिका अहम थी। मेरा सौभाग्य था कि मंत्री-मंडल में मुझे शिक्षा-मन्त्री नियुक्त किया गया था। बड़े सकारात्मक रूप में सदन की कार्यवाही चलती थी। आज भी जब मैं इस () की रेकयसिरेकार और प्राध्यापकों के सज्जथ स्तानकवर्ग – 1952की फोटो देखता हूँ, तो एक ही वाक्य अन्तस् से निकलता है कि 'वह भी क्या दिन थे'। मैथिली शरण गुप्त की वह पंक्ति 'हम कौन थे, क्या हो गए और क्या होंगे अथी' आधुनिक परिप्रेक्ष्य में कितनी सटीक लगती है।

आज भी मुझे स्मरण है कि कॉलेज के बरामदे वाले हॉल में ही डी.ए.वी. कॉलेज, अमृतसर में हिन्दी प्राध्यापक पद के लिए मेरा साक्षात्कार हुआ था।

कॉलेज के उस प्रांगण से तब से अर्थात् सन् 1948 से आज तक मेरा सम्बन्ध जुड़ा हुआ है। मैं डी.ए.वी. में ही पढ़ा, डी.ए.वी. में ही पढ़ाया और आज भी इसी संस्था के सज्जथ जुड़कर सेवारत हूँ – अवैतनिक रूप में। इसे मैं अपना सौभाग्य कहूँ तो क्या कहूँ।

पुस्तकों एवं पत्रिकाओं की जानकारी देते हुए उन्हें पढ़ने हेतु प्रोत्साहित करते थे। सहपाठियों में सर्वश्री सत्येन्द्र तनेजा, विश्वामित्रा, महेन्द्र कुमार वीरेन्द्र कुमार और अन्य भी याद आते रहते हैं। जिस महान आत्मा (महात्मा) हंसराज जी के नाम से यह कॉलेज दिन दुगुनी, राज चौगुनी तरक्की करता चला आ रहा है, उनके सम्बन्ध में भी अनतस् से कुछ पंक्तियाँ विस्तृत होती हैं, पढ़कर आनन्द लीजिए।

धन्यवाद उस जननी का, जिसने जना इक हंस।
बिजवाड़ा उस ग्राम का बन गया वह अवतंस।।
बन गया वह अवतंस, बना डी.ए.वी. का सूत्रधार।
कहे वीर सुनो शिक्षाविद्, पाना चाहो यदि आशीर्वाद।
हंसराज का अनुगमन कर उसे कहना तुम धन्यवाद।।

डी.ए.वी. के हंस ने देखो किया कमाल।
आजीवन सेवा व्रती रह रच दी एक मिसाल।।
रच दी एक मिसाल सूत्र था 'इंद न मम्'।
निष्काम कर्म करते रहो तभी खिले गए सुमन।।
कटे वीर नमन करि सदा बनो तुम श्रमी।
हंसराज से सीख लो कैसे फैलती डी.ए.वी.।

बी.ए.आनर्स तथा एम.ए. (हिन्दी—हंसराज कॉलेज 1948—1954), एम.ए. एम.ए. (संस्कृत—पंजाब विश्वविद्यालय, चण्डीगढ़), पी.एच.डी. (कुरुक्षेत्रा विश्वविद्यालय), अध्यापन — आर्य कॉलेज, लुधियाना, डी.ए.वी. कॉलेज, अमृतसर, डी.ए.वी. कॉलेज (लाहौर), अम्बाला शहर एवं डी.ए.वी. शताब्दी कॉलेज, फरीदाबाद (कुल लगभग 38 वर्ष), अनेक पत्र-पत्रिकाओं में लेखन, भारत विकास परिषद् की पत्रिका नीति का मुख्य सम्पादक, विकास समर्पित सम्मान से सम्मानित आदि।

डॉ. धर्मवीर सेठी
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Mr. Rajiv Chawla
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Founder & Chairman of
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Was amongst the few select entrepreneurs invited recently by Hon'ble Prime Minister Sh. Narendra Modi to take feedback on the performance of MSMEs in India and to share ideas and suggestions to accelerate to growth and development of Micro, small and medium Enterprises.



Sh. Ashok Kumar Poddar
(Graduation 1981,
Post Graduation 1983:
Hansraj College)



1987 Batch of Indian Postal Services, and presently Chief Postmaster General, Gujrat Circle, Ahmedabad, has been pioneering of linking folklore and festivals with postage stamps and First Day cover. Well applauded recently by Honble Home Minister Sh. Amit Shah and Chief Minister of Gujrat for his creditable work.



Shri I C P Keshri

(Graduation 1983, Post Graduation 1985: Hansraj College)
IAS 1988 Batch, Madhya Pradesh Cadre

Presently working as Additional Chief Secretary, Govt of Madhya Pradesh
Has been recently elected as President of Madhya Pradesh IAS Association.

Shri Sanjay Chaturvedi

is an alumnus of Hansraj College
having done his Botany Honours in 1985.

Presently as Co Founder of Shubham Housing Development Finance Co. Pvt. Ltd,
focussed on affordable housing finance for the informal segment.

Recently been awarded for presence of Leading Shubham Housing Development
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Dr. Nitin Malik

is an alumnus of Hansraj College
having done his Masters in Anthropology.

Dr Malik has been appointed as Registrar, Dr B R Ambedkar University (AUD)
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SPORTS FOR ALL



Why Sports for all ?

In the present times with the advent of development of technology particularly the internet & mobile phones, children & people of all ages are drifting away from physical activity and becoming addict of these gadgets. This is resulting in sedentary way of life and increased obesity amongst children.

A sedentary lifestyle is a type of lifestyle involving little or no physical activity. A person living a sedentary lifestyle is often sitting or lying down while engaged in an activity like reading, socializing, watching television, playing video games, or using a mobile phone/computer for much of the day. A sedentary lifestyle can potentially contribute to ill health and many preventable causes of death. It needs to be taken care of.

Don't you agree that this is spreading like an epidemic in our society and most of us are experiencing this in our daily life -either in person or around us. In fact most of us are drifting away from physical activity in life. In earlier decades outdoor activity was consuming more time of children playing various games as per their respective interests. But now a days children spend more time with computer and involve them more on desk activity or in indoor activities only. This applies well to adults also. Why all this ? Present age parents are also responsible to a great extent for this menace. They provide all such facilities to children either by way of affluence or because they are pre-occupied with their profession or business and have very little time to look after their children and to take care of their excess exposure to such avoidable activities. This is affecting the life style of children and more & more of them are becoming obese.

International Olympic Committee - Ruling body of the Olympic movement has long recognised that it has a significant advocacy role to play in the promotion of sport and physical activity at all levels around the world. This advocacy role has been reflected in the Olympic Agenda 2020 – the strategic road map for the future of the Olympic Movement - and is part of the "Olympism in action" programmes along with the Olympic Day, Olympic Values and Education, Women in Sport or Peace through Sports programmes for example.

World Health Organization reveal that Globally 1 in 4 adults is not active enough and more than 80% of the world's adolescent population is insufficiently physically active.

Let's reverse this trend and get moving - WalkIndia walk :

'Sports for All' is the medium which tries to inculcate the spirit of physical activity in all age groups- whether a child or an aged adult. It aims towards improving the life style of persons of all ages depending on their physical strength regardless of race, caste, color, creed or status by providing equal opportunity to all. The sport for all movement is tackling the physical inactivity crisis. Sport for All is a powerful tool to bring together people of different caste, creed & color together to create social harmony amongst them all - a step towards creating better cohesion in society at large. Sports for all creates a healthy lifestyle which one can habitually practice throughout one's life.

In present day world the youth of various countries face multifarious problems like- environmental, poverty, obesity, civil disobedience or terrorism, or falling prey to evil elements in society and start indulging in nefarious or anti-national activities - channelizing their energy in non-fruitful direction and drifting away from homogeneous and peaceful society. Sport for All provides a medium or platform to channelize their energy in fruitful direction -for positive social contribution, thereby creating homogeneity amongst them and by competitive sports bringing youth of various regions closer resulting in a better & peaceful togetherness- a goal towards better world.

Kids are motivated to play outdoor games of their choice with nothing imposing on them to divert their interest away from internet and the games provided therein.

People with disabilities or suffering from autism also to be mobilized-to participate in some games according to their physical strength and capability. This goes to improve their moodmental health, personality and a sense of belonging to society.



Physical activity is essence of the matter for Sports for All. Walking is a very simple and easy to do sort of physical activity and one can do regular walking depending on one's physical strength or at multiple times in a day. October. This is to inculcate habit of regular walking in adults and aged persons. In children games and light exercises are devised to inculcate habits of doing physical activity.

Sports for all benefits the elderly by improving their health and also social integration by combating isolation and loneliness which is a major issue amongst elderly people. Sports not only develop physical strength but also better emotional strength. Sports for all obviates the differences amongst people and help them come closer resulting in better cohesion in society.

One can devise any new game, style or suitable activity or any traditional games of a particular region - to attract people of different ages to involve themselves in some or the other physical activity to keep them away from sedentary life-style. Idea is to emphasize the importance of physical activity to remain healthy and in a better mood.

Sports of all also welcome families to participate together in physical activity depending on their age and physical strength. Different activities can be arranged for them if not daily- say on weekly basis but regularly. This inculcates good habits & better physical fitness. This promotes togetherness in communities as well. As the saying goes, a family that plays together stays together.

'Sports for All' not only propogates physical activity through sports but also helps to make the participants more Fit. Fitness should be the mantra of life.

On International Youth Day, Hon'ble Minister of Youth Affairs and Sports Sh. Kiren Rijiju , who is a great votary of sports & fitness says he likes to inspire people through his disciplined, fit lifestyle.

"If you understand the value of life and fitness and want to keep yourself fit, you will certainly take time out for yourself," he says...

"Being unfit is the worst kind of weakness one can have", says Kiren Rijiju.

Hon'ble Minister further says:

Introduction of the Yearly Scheme of 'Kheloindia' in 2018 on the initiative of Hon'ble Prime Minister of India Sh. Narendra Modi is a great leap in this direction where participants at national level in multidisciplinary grassroot games from all states and Union territories are invited in two age groups under 17 and under 21 categories. A big amount of Rs 5 lakhs per annum is granted to 1000 best performing participants in various sports for a period of 8 years. This is an important initiative to prepare the sports persons for future international events.

The endeavour is not only to excel in sports but also to build healthy life style and better personality & character building.

'Sports for All' can be powerful vehicle to transform lives of great Indians.

Sudhir k Sharma I.R.S. (Retd) M.Sc. LL.M.

Advocate

Hony. General Secretary

All India Association of Sports for All

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